

Fraser Valley Health Care Foundation

New presenting sponsor for 17th annual Run for Mom

The Run for Mom planning committee is excited to announce that First Class Waste and Alpine Valley Disposal has come on board as the Presenting Sponsor for 2015.

Run for Mom is in its 17th year, raising funds for women's and children's programs at Chilliwack General Hospital.

Event coordinator Margaret Koztrzewa secured the gift, and is thrilled with the new energy that owner Don Mayhew and his staff bring to the event. "You can't find a nicer group of people to be involved in this fun family event," she said.

First Class Group's sales manager Becky Turcott said that for both she and Don Mayhew, children's health was of utmost importance, with both of them having grandchildren that needed intensive medical care early on in their lives.

This year, proceeds from the event will be used to purchase an infant resuscitator, commonly known as a baby warmer, for the maternity unit at CGH.

Besides giving a cash sponsorship, First Class Waste and Alpine Valley Disposal will be providing waste services, entering the Team Challenge for fundraising, and volunteering.

Run for Mom has undergone many changes this year. After years of being on the Sunday of Mother's Day, the committee decided to move the event to Saturday, May 9, one day ahead of Mother's Day. This change necessitated a move

to a new location further west on UFV property to Parade Square. And finally, the 8K run is no more, being replaced by a 10K timed run in line with other runs. The 5K fun run/walk and 1K kids' run remain.

For more information on the Run for Mom, phone 604-701-4051 or email Lisa@FVHCF.org. Register online at www.run4mom.kintera.org.

UPCOMING EVENTS

April 12-18

National Volunteer Week

Be sure to thank a hospital volunteer or auxilian for their service to health care in your hospital or residential facility!

May 9

Run for Mom

10K timed run

5K fun run/walk

1K kids' run

Parade Square (UFV Lot #7) Chilliwack

Register at: www.run4mom.kintera.org

Sept 25

Who's Your Caddy? Golf Classic

Fraserglen, Abbotsford

Watch for exciting details soon!

Top: Foundation board chair Gerry Carron was at the Chilliwack Hospital Auxiliary AGM on March 10 to thank them for the time and care they give in service of their hospital. **Below:** Outgoing president Mary Barclay, incoming president Donna Goodey, with Karen Houlden, past president. This will be Donna's third 2-year term as president.



FOUNDATION STAFF

Congratulations to our admin assistant **Raj Patara** and her husband Sarj Manhas on the birth of their beautiful daughter, Micah Aman Manhas! She arrived March 10 weighing 5 lb, 5 oz – so tiny! We look forward to seeing a balloon with her name on the wall at ARH maternity, Raj!



Abbotsford 604-851-4890

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Chilliwack 604-701-4051

info@FVHCF.org

Mission 604-814-5190

DONATE @
www.FVHCF.org

Charitable registration #87115 6725 RR0001


FRASER VALLEY HEALTH CARE
FOUNDATION



Crystal Gala ladies feted with style! (and cupcakes)

The Fraser Valley Health Care Foundation board and staff celebrated the achievements of the women of the Crystal Gala Foundation on February 19 at Traceycakes Bakery Cafe in downtown Abbotsford.

The recognition event was to honour the fundraising success that has led to the establishment of the *Crystal Gala Breast Health Unit* in Abbotsford Regional Hospital, which sees 12,000 patients each year.

"It is astounding to me how much money has been raised and, it is not just a question of money but the hours of dedication and volunteer work that goes with that. I just want to say thank you, you have been a great partner to our Foundation," said Gerry Carron, chair of FVHC Foundation.

Funds raised at the Crystal Gala were used to purchase two state-of-the-art digital mammography machines: one in the *Crystal Gala Breast Health Unit* used for breast screening; the other in the medical imaging unit for in-depth diagnostic testing. A diagnostic ultrasound machine was funded in 2013.

The Crystal Gala Foundation is the Fraser Valley Health Care Foundation's first \$1 million donor. The Crystal Gala Foundation has raised \$1.8 million in total.

Members of the Crystal Gala Foundation and some of their donors were on hand to receive beautiful floral bouquets from Gala supporter Simply Perfect Flowers. A champagne toast was made in honour of the ladies, and guests were served charcuterie, eclairs, and of course, cupcakes.



Traceycakes Bakery Café was closed to the public for the celebration event.

MARKETPLACE

Fundscrip

Just a sample of some of the participating stores

Pre-order gift cards and support your hospital foundation at the same time! Whether you are shopping for that hard-to-buy-for person, looking for an easy gift to send



in the mail, or wanting a simple way to say thank you to someone, Fundscrip has something to fit your budget. A percentage of each card purchased is donated to the FVHC Foundation in support of health care. Consider purchasing gift cards for your everyday shopping! See us for a list of over 170 national retailers. Gift cards ordered by 4 pm Tuesday will be available for pickup from the Foundation office the following week.

Coming soon!



Healthy Harvest

50/50 Staff Lottery

Art Auction

Signature Authentics is partnering with us for its Framed Art Sealed Bid Auction. See the pictures on display at our Abbotsford and Mission offices. New pictures on display every two weeks. Starting bids required. More than one bidder can purchase if the top bid is a tie. Part proceeds from each sale goes to FVHC Foundation.

