

Fraser Valley Health Care Foundation

Run for Mom raises more than \$22,000 for CGH maternity

What does it take to put on a fundraising event? It takes 23 sponsors, 15 service and supply donors, 24 prize sponsors, 274 runners/walkers, and 50 volunteers including the best planning committee in Chilliwack!

Add plenty of sunshine and a beautiful setting, and you have the 17th annual Run for Mom!

Thank you all who had a hand in raising over \$22,000 for Chilliwack General Hospital's maternity unit. Along with other funds from a grant and a *little bit* more help (DONATE www.FVHCF.org) we will be able to buy that baby warmer for the unit!

Special thanks go to our presenting sponsor, First Class Waste and Alpine Valley Disposal who supported the event financially, provided portable washrooms and hand wash stations, and volunteered.

Media sponsors were The Chilliwack Progress, Star 98.3; platinum sponsors KISS Radio, Kiwanis Club

of Sardis, WestJet; gold sponsors Auld Phillips, Optimum Sport Performance & Health Centre, Soroptimist International of Chilliwack, Urban Endo Runners.

Many silver and bronze sponsors and other donors gave cash and other items. A list will appear in an upcoming issue of *The Chilliwack Progress*.

New faces were welcomed to the fundraising winners' circle this year. Greendale Elementary wrestled the fundraising trophy away from Bernard Elementary; Greendale's school team raised \$1,105 in pledges.

In the Corporate/Club team category, CGH Mat Pack edged out Convergys with \$1,200. The Soroptimists were third. The top 3 individual fundraisers were Nellie Prinse, Steve Ball and Daryl Pauls, who all went home with great prizes for their efforts. The winner of two WestJet tick-



ets (drawn from all who raised \$750 or more) was Steve Ball.

Runners and walkers enjoyed sunshine and scenic 5K and 10K routes that include Rotary Trail. Medals were given to the top three 10K finishers in each age group. A timing list is online at www.sportstats.ca.

The event finished with organizers already making plans for 2016. To get involved in Run for Mom, contact Lisa@FVHCF.org or 604-701-4051.

Staff lottery reboots with \$622.50 prize

The Foundation's **Healthy Harvest Lottery** resumed with its first draw on May 4. Karen Jarvie from **Jim Pattison Outpatient Care & Surgery Centre** won. Congratulations, Karen! Fraser Health staff are welcome to join staff lotteries from other sites within the health authority.

Over 220 participants, many with multiple entries, signed up for the payroll lottery so far. Staff paid through Fraser Health are eligible to join. Draws are held every second Monday following payday. The pot will grow as participation increases!

The Foundation tried to find a way to allow allied health care staff and volunteers join, but it is not a viable option due to BC Gaming regulations. A periodic 50/50 draw open to all staff and volunteers may be considered in the future.

UPCOMING EVENTS

Wednesday, May 27 2-4 pm

MMH Auxiliary recognition event

The Residence in Mission

Friday, September 25

Who's Your Caddy? Golf Classic

Fraserglen Golf Course, Abbotsford

Register at: www.yourcaddy.kintera.org

Abbotsford 604-851-4890

Toll free 1-877-661-0314

Chilliwack 604-701-4051

info@FVHCF.org

Mission 604-814-5190

DONATE @

www.FVHCF.org

Charitable registration #87115 6725 RR0001





Whatever It Takes at Chilliwack Mental Health

Story submitted by CMHC staff

The Chilliwack Mental Health Centre has established a fund through the Fraser Valley Health Care Foundation (FVHCF) to raise donations that will benefit the health and dental needs of individuals coming to our centre who are struggling with a mental illness.

Many people with mental health challenges live in poverty on less than \$12,000 each year. Provincial disability often does not provide enough financial support to allow for the dental care or medical supplies that these individuals require for their continued well-being.

Chilliwack Mental Health has partnered with FVHCF to create the Chilliwack Mental Health **Whatever It Takes (WIT) Fund**. Our goal and hope is to help our clients acquire the health care they need when no other resources are available. As health care providers, we see the suffering that poverty brings to human beings, especially those who are marginalized due to a mental illness.

We'd like to highlight one example of our client "Laurie" and her challenge with obtaining much needed dental work.

Laurie has severe periodontal disease, suffers from mouth pain, sensitivity, gum and bone loss. She has been told by her dentist that she will lose the remainder of her teeth within the year. She can only eat soft or liquid foods and as a result has lost significant nutrition and weight. Laurie has seen several dental specialists and been told she requires full extractions and dentures made. Due to the compromised deterioration of bone loss she will also require implants to anchor the dentures, otherwise they will not be stable or of any use in her mouth.

Laurie's disability coverage cannot come close to covering these costs which are upwards of \$5,000. Without this dental work, Laurie's physical health will continue to deteriorate and may become life threatening.

It is through your generosity that we will be able to provide a fund that is sustainable and will assist those members of our community who are least able to help themselves.

Any donations you can provide to the CMHC WIT Fund will help bring hope and an end to much suffering to the people we serve. We thank you for your kindness and consideration.

Tax receipts will be issued for donations in accordance with CRA rules & regulations.

Please indicate that your gift is intended for MH WIT Fund - Chilliwack when sending in your donation.

Cheques should be made payable to FVHC Foundation and mailed:

FVHC Foundation
CMHC WIT Fund - Chilliwack
45600 Menholm Road
Chilliwack BC V2P 1P7

Or donations can be dropped off at the FVHCF office located in the main lobby of Chilliwack General Hospital.

Credit card donations can be made by calling 604-701-4051, toll free 1-877-661-0314 or secure online gifts can be made at www.FVHCF.org.



Firefighters give to hospital in more ways than one!

The Chilliwack Fire Fighters Charitable Society made a \$500 gift to Chilliwack Hospital's emergency department on April 20.

Ironically, the presentation was delayed while they responded to a call near the hospital!

(L-R): A/C Mike Bourdon, Jessica Boldt from the Fraser Valley Health Care Foundation, Capt Gary Goll, firefighter Daryl Omeasoo, firefighter Dave Terpstra and Captain Pat Liebault. Captain Mark Collins was behind the camera.