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Healthy Harvest Winners

May 30, 2016 \$1,360.00

Michelle DePodesta – CGH

June 13, 2016 - \$1,430.00

Ravi Kochar –

Cottage Worthington

To join, email

Lindsay.Earle@fraserhealth.c

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Upcoming Events

June 26, 2016

Scotiabank Vancouver 5km &
Half Marathon

Discount Code: 2016FVHCF

July 14, 2016

Education Forum
Mission Memorial Hospital
6:30PM – 8:30PM

Aug 14, 2016

FVHCF Car Show
Sevonoaks Shopping Centre
10AM – 3PM

Oct 1, 2016

Education Event
Ramada Inn
7:30AM – 5PM

Mission Memorial Hospital

Is on a Mission: To Educate and Grow

There are three key pieces the Mission Memorial Hospital needs in order to succeed in providing precise diagnosis' to patients that come in and money needs to be raised in order to do so.

1. Gastrascope

A gastrascope is a piece of equipment used by the medicine - Amb Care department for examination of the esophagus, stomach, and duodenum. A duodenum is a portion of the small intestines at the beginning. This piece of equipment typically consists of a long flexible tube that can be inserted into the mouth and through the upper digestive tract. You may recognize this piece of equipment as it's one of the most common. On one end, there is a light and a camera in order to display results. Another word for the procedure is called an endoscopy and can help diagnose celiac disease, esophageal rings, varices, esophagitis, gastritis, hiatal hernias, narrowing of the esophagus, Mallory-Weiss syndrome, and much more.

The cost of this device is \$38,420 per piece and we are only looking to purchase one. It's an incredible amount of money, but can be the beginning journey for thousands to finally figure out what's wrong with their bodies in a quick and timely manner. The newest one we are pushing for will help our physicians clearly diagnose issues and do so precisely.

2. Colonscope

As you can imagine, this is a similar device, in the same department (Medicine - Amb Care), that works in the separate direction. Used for colonoscopies, this device is used to accurately and precisely examine the large bowel and even part of the small intestines that a gastrascope cannot see.

This will aid the hospital in finding any cancerous lesions, polyps, and other issues. This device is also a flexible tube, but is passed through the anus instead of the esophagus. The microscope device can quickly help patients find answers they are looking for, by starting the journey to confirm malignancy or benign lesions early on. The price per piece is \$45,360, and Mission Memorial Hospital is in the market to purchase two, so these can be done quicker and results can be achieved faster.



3. Beamer Mate Electrosurgical Generator

This device doesn't only have one use, and can perform quite a few different remedies from one piece of equipment. It can provide safe cautery and coagulation through argon instead of the traditional probing. We currently use

Shout Outs

We received a surprise in the mail from 8 year old Leland Noble in Banff. We [love surprises like these.](#)

He raised \$2,829.67 in memory of his Aunt Layla and donated it to Abbotsford Regional Hospital.

The letter read:

"This cheque included, for \$2,829.67 was raised by 8 year old Leland Noble. He cut off 9 inches of his hair which he'd been growing for two years. He fundraised for the month of April by doing a bottle drive and collecting monetary donations. He wants the money to go directly to the Palliative Care Unit at the Abbotsford Regional Hospital & Cancer Centre in memory of his Aunt Layla Locke, who passed away there two years ago.



Leland getting his hair cut.

Photo courtesy of www.thecragandcanyon.ca

Abbotsford Breast Health Centre turns 5

The Abbotsford Breast Health Centre is Celebrating their 5th year Anniversary

- We opened on May 31, 2011 as a "pilot project" to assess, diagnose and arrange treatment and follow-up for patients, both women and men, with new breast symptoms.
- We receive \approx 200-300 referrals per month. Patients are referred to us by physicians and by the Screening Mammography Program. As well, about 10% of our patients come to us as self referrals. Since opening, we have seen \approx 13,000 patients and diagnosed \approx 800 new breast cancers. Close to 80% of patients receive a diagnosis within 21 days.
- Our goals are simple:
 1. Make the journey as "easy" as possible by reducing stress & anxiety, supporting patients & families, providing teaching & reassurance.
 2. Ensure the journey includes the best care possible by following research based "best practice", expediting time to diagnosis and time to treatment, involving a multidisciplinary team and ensuring no patients fall through the cracks.
- When the Centre first opened, the plan was for us to support patients during the initial phase of symptom to diagnosis only. Over the past 5 years, our involvement after diagnosis has dramatically increased in response to changes in other programs and, most importantly, feedback from our patients. We now follow our patients during the surgical phase and beyond, providing teaching, referrals and all post-operative care until handover to BCCA.
- In October 2015, thanks to generous funding from JLIF and the Crystal Gala, we moved into our new home on the main floor of ARHCC. The layout and design of the new space provides a comforting and welcoming atmosphere that greatly enhances our ability to teach, counsel and ease the anxiety of our patients at every stage of their journey. As well, the new space has allowed us to expand the number and type of procedures we do (biopsies, surgeries, tissue expander fills, post-operative wound care and dressings, complex dressings and more).
- Our team consists of 2 Surgeons, 6 female GPs who work regular shifts, 2 dedicated Clerks, a part-time surgical RN and our full time Nurse Coordinator. We see patients Monday to Friday.



For appointments or information, call **604-851-4806**.

Contact Us

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Tel: 1-877-661-0314



Facebook
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Twitter
twitter.com/fvhcf

Abbotsford

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Abbotsford, BC V2S 0C2

Mission

7324 Hurd Street
Mission, BC V2V 3H5

Chilliwack

45600 Menholm Rd
Chilliwack, BC V2V 3H5

Hope

1275 7Ave
Hope, BC V0X 1L4

In Your Community

May 19, 2016

Mission Chamber of Commerce held a spotlight luncheon and invited FVHCF to come speak. FVHCF Vice Chair, Grace Saris and Fund Development Coordinator, Raj Patara went to speak about who we are and what we do. Thank you for having us.



May 26, 2016

Mission Chamber of Commerce held their Golf Tournament. We had the honour of sponsoring the "Longest Drive" at the tournament. Raj Patara and Kathryn Brulotte, our Fund Development Coordinators, both attended this event and met a real star from that part of the woods.



June 9, 2016

Staff at FCH / FHL were treated to an appreciation BBQ. Burgers and ice cream were given out to staff along with information booths from various support departments

