



What's Happening

June / July 2016

Volume 2, Number 7

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Healthy Harvest Winners

July 25, 2016 - \$1,502.50

Karen Koch – ARH

August 8, 2016 - \$1,512.50

Sarb Singh - ARH

Upcoming Events

September 2-4, 2016

Fraser Valley Open

www.fraservalleyopen.com

Sept 10, 2016

Taste of BC Gala

Mt. Cheam & Steller's Jay Lion Club Fundraiser

Squiala First Nations Hall

7PM – 11PM

Sept 14, 2016

FVHCF Annual General Meeting

Abbotsford Regional Hospital

11:30AM – 2:00PM

Oct 1, 2016

Education Event

Quality Inn, Abbotsford

7:30AM – 5:00PM

BC Lions

We have teamed up with BC Lions to give Fraser Health employees a special offer for the following games:

- August 19 vs Hamilton
- October 1 vs Ottawa
- November 5 vs Saskatchewan

Starting at \$38 you can receive

- \$10 merchandise voucher
- A BC Lions baseball cap
- \$3 from each ticket will go to FVHCF!

To purchase tickets go to www.bclions.com/fraser enter promo code: FRASER

For help/questions contact:
BArner@BCLions.com

1st Annual Car Show

On August 14 we had our 1st Annual Car Show to support the greatest needs of the Foundation. It was a great day for a car show, over 70 cars registered and joined us in the parking lot of Sevenoaks. There were food trucks from Wilkyz Grill, Mr. D's Tasty Treats and mini donuts by Mollie's Minis. Thanks to everyone who stopped by to take a look. Congratulations to Tricia Schmuland who won the "48 Hours With A Porsche" giveaway! See more photos on our Facebook page www.facebook.com/FVHCF



Thank you to our sponsors for making this possible!





Help Mt Cheam & Steller's Jay Lions Club reach their goal of \$600,000 for their Centennial Legacy Project.

Buy a WestJet raffle ticket and have a chance to win a trip for two on any scheduled West Jet destination!

Call 1 877 661 0314, email info@fvhcf.ca or go to: <https://fraservalleyhealthcarefoundation.formstack.com/forms/mtcheamlionswj>

BC Gaming Event Licence #84020

Mt. Cheam & Steller's Jay Lions are hosting the Taste of BC Gala on September 10, 2016 as part of their Centennial Legacy Project.

Tickets are \$100 and you receive a \$50 donation tax receipt.

Tickets also include \$500 in gaming play chips, appetizers and a complimentary glass of beer or wine.

To find out more go to www.fvhcf.ca/events

Contact Us

Website: www.fvhcf.ca

Email: info@fvhcf.ca

Tel: 1-877-661-0314



Facebook
[facebook.com/FVHCF/](https://www.facebook.com/FVHCF/)



Twitter
twitter.com/fvhcf

Abbotsford
Regional Office
32900 Marshall Rd
Abbotsford, BC V2S 0C2

Mission
7324 Hurd Street
Mission, BC V2V 3H5

Chilliwack
45600 Menholm Rd
Chilliwack, BC V2V 3H5

Hope
1275 7Ave
Hope, BC V0X 1L4

Community Involvement

On August 13, 2016 – Raj joined in Mission Community Fest 2016, celebrating the community of Mission. Here she is with Mission Councillor Pam Alexis



Dr. Harvey Dhillon talks about the SIM Project in Abbotsford



Dr. Peter Fry talks about the upcoming all day educational Health Forum in October

We had the honour of having our Executive Director Liz Harris and some of our doctors from ARH & CGH go on the Harpreet Singh Show to talk about their projects and the Foundation. We posted a video of Liz's interview on our website www.fvhcf.ca, keep your eyes open for the doctors interviews on tv and on our website soon.

Thank you to Spectra Energy for being a great community supporter. They donated \$5,000 - half of it going to health care in Hope and the other half going to health care in Agassiz / Harrison Hot Springs



Fundraiser for Fraser Canyon Hospital & Fraser Hope Lodge

If you have been following our page & news, you know that Fraser Canyon Hospital and Fraser Hope Lodge are in need of a new bus. They are only \$9,000 away from having this great new bus.

A local resident has stepped up to help with a Tupperware fundraiser! 40% of what is sold will go towards the bus. Click on the link below to place your order today.

<http://www.tupperware.ca/?fundraiser=578fca75bb907b851990c911>