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Upcoming Events

Planned Giving Seminars March

- 2 - Mission Memorial Hospital
- 9 - Chilliwack General Hospital

April

- 6 - Fraser Canyon Hospital
- 12 - Abbotsford Regional Hospital

Game of Throws

- April 29, 2017

Run For Mom

- May 13, 2017

Scotiabank Marathon

- June 25, 2017

For full event information - please visit www.fvhcf.ca/events

Healthy Harvest Winners

November 28th – \$1,787.50

Dawn Smeysters

December 12th – \$1,787.50

Andrea Sell

December 26th – \$1,770.00

Melanie Terry

January 9th – \$1,812.00

Melanie Castillo

- Proceeds from the lotto will be used to purchase priority equipment
- Tickets are ONLY \$5 a pay period and can be purchased through payroll deduction ONLY
- Open to all employees paid via Fraser Health's payroll system

Year in Review

Article taken from Chilliwack Progress, December 29, 2016

Support for the Chilliwack General Hospital was huge in 2016, and the number of improvements there provides the best evidence of that.

One of the major changes is the addition of a pediatric observation unit in April. The rooms, play area, and common space was lovingly created and decorated with donations from the Rotary Club of Chilliwack-Fraser, Chilliwack Hospital Auxiliary, the Fraser Valley Shrine Club 11, and the Kiwanis Club of Sardis.

The unit, with four beds and a beautiful crib, is adjacent to the maternity floor, and overseen by the hospital's pediatricians and pediatric-trained nurses. It's been put to good use over the year since, offering children a quiet refuge away from the emergency room as they are in observation or awaiting transfer to BC Children's Hospital.

It had been in the works for many years, but 2016 was the year it came to be.

The hospital also welcomed the addition of an echocardiogram unit, in the imaging department. It's one of the many developments that will allow patient's access to health services closer to home, instead of travelling to Abbotsford. It's expected that the new unit will be used by about 900 annually.

The Fraser Valley Health Care Foundation was joined by the Mount Cheam Lions and Steller's Jay Lions to launch a fundraising campaign for the Regional Eye Centre at CGH.

Their goal is to raise \$600,000 by the end of the year, for six new pieces of equipment including two phacoemulsification systems for cataract surgery. And they are near their goal, thanks to some massive support from local businesses and organizations.

Run For Mom dollars were used to purchase a fetal monitor for the maternity department. The monitor measures the vital signs of both baby and mother, detecting heart rate, uterine activity, fetal movement and helps reduce complications. Every year, donations from the run pay for specialized equipment for that department.

Hundreds of thousands of dollars were raised for patient care, from mental health initiatives, to equipment at the Bradley Centre.

Each purchase was much needed, and will greatly improve the quality of health care for eastern Fraser Valley residents throughout 2017.

To learn more about the exciting projects underway at CGH, ARH, MMH and FCH visit www.fvhcf.ca.

Echocardiogram Machine in Chilliwack



Ultrasound Machine in Mission



Breast Biopsy Machine in Abbotsford



2017 Priority Equipment Wish List

Please see
<http://www.fvhcf.ca/with-your-help/>
for the full list

Regional Projects

- Chilliwack General Hospital – Eye Center
- Abbotsford Simulation Project

Abbotsford Regional Hospital

- Ultrasound - \$155,000
- Tee-probes \$55,000
- WIFI Cottage
Worthington

Chilliwack General Hospital

- Bariatric Stretcher - \$30,000
- BP Monitor - \$8,000
- Mural - \$8,000
- Therapeutic robots - \$10,080
- WIT Fund

Mission Memorial Hospital

- Endoscope - \$78,400
- Colonoscope - \$39,000

Additional Projects

Pediatric Wish List

- Baby and toddler toys
- Children and youth toys
- Electronics for teens
- Craft supplies and activities

Psychosis Intervention Wish List

- Bus Tickets
- Tickets to local activities: movies, bowling, Castle Fun Park
- Personal hygiene kits

Hospital Auxiliary Wish List

(Items are issued to those who come into the ER and need assistance)

- Socks
- Underwear
- Jogging pants
- Sweatshirts
- Gift cards to Wal-Mart or Superstore

Donor Wall Unveiled at Mission Memorial Hospital

If you have been in the Emergency Room at Mission Memorial Hospital, you may have noticed the new donor wall. It's been updated to reflect all the past and current donors. The previous donor wall is still located in the hospital in Founders Corner.



Little Hearts Gala - November 26

2016 Little Hearts Gala raised over \$21,000 for the Pediatrics, NICU and Maternity departments at Abbotsford Regional Hospital. With this money we can purchase bedside fridges so new moms can store breast milk for their babies in NICU, T-Piece resuscitator that are used in infant codes, bariatric arm chairs and other great needs for the units.

We are so thankful for you all, our sponsors, donors and guests. We cannot say it enough of how appreciative we are of our supporters.

Along with Next Level Music Ltd, we would like to send lots love to our surprise \$5000 donor Vena Solutions, our Diamond Sponsor Valley Realty - Abbotsford, our Platinum Sponsor Little Dreamers Preschool and to our Gold & Silver sponsors who humbly support us every year!

There is no way we could have done it without you!



December 13

Hope Staff Christmas
Appreciation



It's A Wonderful Breakfast - December 1

On December 1st, we held our 1st annual "It's A Wonderful Breakfast" at Coast Chilliwack Hotel, as a way to support the hospital and local health care initiatives. Over \$5,000 was raised from this event.

It was complete with an ugly Christmas sweater contest. Proceeds from this event were directed to the Mt Cheam Lion's Centennial Legacy Project which is supporting the upgrade of equipment at Chilliwack General Hospital's Regional Eye Centre. During the breakfast Chilliwack Division of Family Practice presented a cheque for \$500 to go towards to Regional Eye Centre Project.

We were also collecting Christmas gifts for those who use Chilliwack's health services. Many toiletry items were collected and handed out to youth who use the regions mental health services and seniors in residential care.

December 16

Mission Staff Christmas
Appreciation
Party



December 22

ARH Staff Christmas
Appreciation Party



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In Our Community

November 2016

Re/Max Little Oak Realty

The nurses station in ARH Pediatrics now has a whimsical woodland theme thanks to Re/Max Little Oak Realty



December 1

Fraser Valley Indo Canadian Business Association donated \$12,000 towards the Abbotsford Simulation Group project. The funds came from their Costume Gala event in October.



December 6

Deol Group (Manny and Natasha) came in and did a donation to ARH Maternity in honour of their newborn son. Instead of doing client gifts, they decided to do a donation instead.



December 12

Corrections Visit Corrections Canada came and gave out stuffed bears to the kids in Pediatrics



December 14

Santa and Mrs. Claus came to visit all the volunteers who contribute their time to ARH, Cottage – Worthington Pavillions



December 28

Ravleen and Navdeep completed Random Acts of Kindness and raised \$47.51 which they donated to Abbotsford Regional Hospital

