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Upcoming Events

MARCH

2nd - **Planned Giving Seminars**
Mission Memorial Hospital

9th - **Planned Giving Seminars**
Chilliwack General Hospital

30th - **Mental Health Seminar**
Mission Memorial Hospital

APRIL

5th - **End of Life Care**
Abbotsford Regional Hospital

6th - **Planned Giving Seminar**
Fraser Canyon Hospital

12th - **Planned Giving Seminars**
Abbotsford Regional Hospital

29th - **Game of Throws**
UFV Abbotsford

MAY

13th - **Run For Mom**
UFV Chilliwack

JUNE

14th - **Tug & Tow**
Abbotsford Regional Hospital

25th - **Scotiabank Marathon**
Vancouver

SEPTEMBER

21st - **FVHCF Golf Classic**
Chilliwack Golf Club

30th
Day of Medical Enlightenment
Abbotsford

NOVEMBER

30th - **It's A Wonderful Breakfast**
Chilliwack

For event information - visit
www.fvhcf.ca/events

Mt Cheam Lions & Steller's Jay Lions Clubs Did It!

Article taken from Chilliwack Progress – February 3, 2017

Last February, the Fraser Valley Health Care Foundation, Mount Cheam and Stellar's Jay Lions Clubs launched a fundraising campaign to benefit the Regional Eye Centre at Chilliwack General Hospital. They were determined to raise \$600,000, the amount needed to purchase six pieces of equipment for cataract surgery.

The pieces to be purchased will include two phacoemulsification systems, and will enhance surgical control and improve patient outcomes for more than 5,000 individuals annually.

Chilliwack's cataract surgery centre is unique in that two operating rooms are in use in tandem, with prep taking place in one room and the surgery in the other at the same time. The doctor and medical team move from room to room, speeding up delivery of service and reducing wait times across the Fraser Valley.

"The Mount Cheam Lions Club is excited to be able to make such a large contribution towards our Centennial Legacy Project. Being able to provide the latest technology for cataract surgery equipment which will benefit not only our community but communities within the Fraser Valley, follows our motto "We Serve" said Lion Dave Mackintosh, Chair of the Centennial Legacy Project.



Mission Health Care Auxiliary Donates \$100,000

Article taken from Mission City Record – February 3, 2017

Mission Health Care Auxiliary donated another \$100,000 to Mission Memorial Hospital as part of its pledge towards donating a total of \$300,000 in support of the hospital's medical imaging department.

During the group's meeting, auxiliary president Alyce Campbell and fellow auxiliary members met to discuss reaching out to recruit new members, the new fundraising goals for the year, and to announce the second payment pledge of \$100,000 towards funding ultrasound equipment.

This donation will go towards ultrasound equipment that was purchased last year for the medical imaging department's new ultrasound room.



This additional space has increased access to services at the hospital site and the quality of patient care in the region.

"Thank you to all the auxiliaries for their dedication. Your hard work has enabled us to make the second payment of \$100,000 towards this much-needed equipment. The auxiliary would also like to thank the community for shopping at the Cottage Thrift Shop as well as the Auxiliary Gift Shop in the hospital," said auxiliary president Alyce Campbell.

Healthy Harvest Winners

January 23, 2017

\$1,815.00

Krista Lindemann – ARH

February 6, 2017

\$1,832.00

Lori Christianson - Langley

- Proceeds from the lotto will be used to purchase priority equipment
- Tickets are ONLY \$5 a pay period and can be purchased through payroll deduction ONLY
- Open to all employees paid via Fraser Health's payroll system

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Royal Canadian Legion – Branch 265 Aldergrove

A special thanks to Aldergrove Legion 265. They helped Cottage Worthington Pavilion in Abbotsford and purchased a much needed Roho Air Select Mattress for a veteran resident. Now this resident will get the comfort they need thanks to the Legion.



Chilliwack Hospital Auxiliary Equipment Purchase

Chilliwack Hospital Auxiliary has always been a proud supporter of Fraser Valley Health Care Foundation and Chilliwack General Hospital. We took Donna & Dayle around the hospital to put plaques on the pieces of equipment they have bought for Chilliwack General Hospital. This much needed equipment is used on a daily basis and we cannot thank them enough for their commitment to the hospital and community.



Stick With Your Healthy New Year's Resolution

Register for Scotiabank Half Marathon & 5km!

When: June 25, 2017 **Where:** Stanley Park

What: Participate in this event & get a discount on the registration fee when you join the Charity Challenge.

How: www.vancouverhalf.com to register for the run, choose to support a charity and look for Fraser Valley Health Care Foundation. *When you register don't forget to make a personal charity fundraising page as the last part of registration
<https://secure.e2rm.com/registant/LoginRegister.aspx?eventid=210231&langpref=en-CA>

All funds raised from this event will go to support the Early Psychosis Intervention Program. The Early Psychosis Intervention (EPI) Program serves youth aged between the ages of 13 and 30 with emerging psychotic disorders and their families living in the Fraser East Region. The program is based out of the Mental Health Out Patient Department at ARHCC but serves the entire Fraser East region.