



# FRASER VALLEY HEALTH CARE FOUNDATION

NEWS • FALL 2022

YOUR COMMUNITY. YOUR HOSPITAL. YOUR FOUNDATION.

## ABBOTSFORD REGIONAL HOSPITAL (ARH) GIRL GUIDES BRIGHTEN UP THE LIVES OF CAREHOME RESIDENTS



The residents at Cottage Worthington Long Term Care (LTC) facility in Abbotsford have some cheerful new artwork to brighten their lives thanks to the Abbotsford Girl Guides.

Led by Ranger Natasha Zilcosky, local girls from the Abbotsford Girl Guides, including Sparks, Brownies, Guides, Pathfinders and Rangers, aged from 5 to 17, participated in the project to paint and install cheerful artworks on the outside of the LTC facility operated by Fraser Health and supported by Fraser Valley Health Care Foundation (FVHCF).

Natasha, who plans to take a degree in fine art from the University of

the Fraser Valley after graduating from high school in Abbotsford, was the mastermind behind the project which led to brighter days for the residents of Cottage Worthington and a Trailblazer Leadership award for Natasha. A Trailblazer Leadership Award is a prestigious award that is the culmination of a Ranger's work as a Girl Guides member. The award recognizes a girl's outstanding achievement and her commitment to the Vision, Mission and Values of Girl Guides of Canada.

Says FVHCF executive director Liz Harrison "Natasha is a pretty fabulous person and I would like to thank her and all of the Abbotsford Girl Guides for sharing their creativity with the staff, visitors and residents of Cottage Worthington."

**If you have an idea for an event to raise money for a specific piece of equipment or if you would like more information on this or other items on our needs list please contact FVHCF at 1-877-661-0314 or online at [fvhcf.ca](http://fvhcf.ca). To donate use the reply form and postage paid envelope provided, visit the website at [fvhcf.ca/donate](http://fvhcf.ca/donate) or give us a call. All funds raised in Abbotsford go to support healthcare in Abbotsford.**

### We still have a long equipment needs list for Abbotsford Regional Hospital including:

- A Portable Massimo O2 Stat Monitor for Maternity **\$6,500**
- A Difficult Intubation Scope for the Operating Rooms **\$15,000**
- A PrisMax Machine for renal replacement therapy and plasma exchange therapy in the ICU **\$46,500**
- Three Baby Scales for Pediatrics **\$5,600** each
- A Bili Blanket for treating neonatal jaundice for the NICU **\$7,800**
- A Vocera Communications System for the Emergency Department **\$400,000**



## MISSION MEMORIAL HOSPITAL (MMH) CT SCANNER AT MMH ALMOST HERE



Thanks to Mr. Sukhdev Gerwal, who heard about the need for a new CT Scanner and donated \$550,000 on Canada Day — and with many other donations from our community — we are now only \$295,000 away from the \$1.3 million we need to finalize the purchase of a CT Scanner for Mission Memorial Hospital (MMH).

CT scanners are an essential diagnostic tool for inpatient and outpatient care but an emergency CT scan is crucial when diagnosing stroke patients to determine whether the stroke is hemorrhagic; caused by a ruptured blood vessel causing a bleed in the brain, or

ischemic; caused by a blood clot blocking or restricting the flow of blood to the brain.

Treatment varies depending on the type of stroke and the correct immediate treatment may minimize long term effects and even prevent death. The time it takes to transfer a stroke patient to another hospital for a CT scan can have a serious impact on outcomes, making the need for a CT Scanner in Mission a top priority for the entire community.

**If you would like to donate to support the new CT scanner at MMH, you can use the reply form and postage paid envelope provided, visit the website at [fvhcf.ca/donate](http://fvhcf.ca/donate) or call 1-877-661-0314. All funds raised in Mission go to support healthcare in Mission.**



**“Having a CT scanner at MMH will elevate patient care to a completely different level.”**

— **Dr. Amarjit Bajwa**  
*Department Head  
Medical Imaging, MMH*



**“Traffic can make getting to other areas a problem so we need a CT scanner at MMH.”**

— **Judith Ray**  
*Mission Resident and Retired Nurse*

## FRASER VALLEY CLASSIC CAR SHOW

**After a 2-year hiatus, the Fraser Valley British Motor Club was happy to see the return of the annual Fraser Valley Classic Car Show (FVCCS).**

Organizers Bruce Webster and Doug Holbrow were adamant that the show would go on — rain or shine. Luckily for them and all the participants the sun came out for the show held on June 11th, at the Chilliwack UFV campus. There was a great turn out with 160 cars on display along with food trucks, door prizes and raffles.

“We welcome all makes and models as long as they are a collector car qualified vehicle,” explained co-organizer Doug Holbrow. Says co-organizer Bruce Webster,

“We are grateful for the sponsorship of Westland Insurance, Hagerty Classic Car Insurance, Chilliwack Ford and 89.5 The Drive and their help making this year a reality.”

All funds raised at the event are to support the Chilliwack General Hospital thought a donation to Fraser Valley Health Care Foundation (FVHCF) and this year’s show raised \$4,723.39 with the funds supporting the new mammography unit at CGH.

“We are grateful to have Fraser Valley British Motor Club as a partner supporting health care in Chilliwack,” said Liz Harris, Executive Director FVHCF. “The turnout was fantastic, and we look forward to next year’s classic car show.”



Photos courtesy of Fraser Valley British Motor Club (FVBMC).



# CHILLIWACK GENERAL HOSPITAL (CGH) NEW MAMMOGRAM MACHINE WILL ADVANCE WOMEN'S HEALTH CARE

Chilliwack General Hospital (CGH) will soon be offering new state-of-the-art mammography. This health care advancement is another example of our ongoing commitment to the quality of health care in our communities.

Mammogram machines are essential tools for detecting breast cancer, the most common cancer among Canadian women. On average in Canada a staggering 76 women will be diagnosed with breast cancer and 15 women will die from breast cancer ... every day.

The new machine with a price tag of \$395,000 should reduce wait times though faster and more efficient scans because the new equipment's enhanced technology features advances in breast imaging and digital mammography.

"I am pleased to announce," says Liz Harris, executive director of FVHCF, "that the Crystal Gala Foundation whose mission is to support breast health in the Fraser Valley East have come forward and pledged to use some of the the proceeds from the annual Crystal Gala — to be held at the Tradex in Abbotsford October 22, 2022 — towards the purchase of the new mammography machine for CGH. Having the new Mammogram Machine will reduce wait and travel times for those going to Abbotsford and earlier diagnosis will mean better outcomes for most patients."



**The Crystal Gala Foundation are helping to fund the new mammography machine at CGH with some of the proceeds from the 2022 Crystal Gala because we want to give Chilliwack women the best opportunity for the best care at home in their community."**

**— Gerri Charles** President and Board Chair, Crystal Gala Foundation

Since 1999 the Crystal Gala Foundation has raised over \$2 million to fund equipment, technology, and research projects that support early detection and treatment of breast cancer. Says Gerri Charles, co-founder of the Crystal Gala Foundation. "The Crystal Gala Foundation is made up of a dynamic group of women from all walks of life who make it a priority to work selflessly with donors and sponsors to provide new equipment to enhance breast health in our community of Fraser Valley East so helping to fund the new mammography machine at CGH seemed a natural thing for us to do."

To purchase tickets or for more information about the October 22nd Crystal Gala go to [crystalgala.ca/the-gala/](http://crystalgala.ca/the-gala/)

**If you would like to donate to support the new mammography machine at CGH, you can use the reply form and postage paid envelope provided, visit the website at [fvhcf.ca/donate](http://fvhcf.ca/donate), call 1-877-661-0314 or come by our CGH office. All funds raised in Chilliwack go to support healthcare in Chilliwack.**

## EVENTS CALENDAR

- Sept 8** Golfing "FORE" Your Hospitals
- Sept 16** Glowing Hearts — Glow Golf Tournament
- Sept 24** Health Talks 101
- Oct 1** Run for Hope
- Nov 18** Fraser Valley Grand Gala
- Nov 29** It's a Wonderful Breakfast Hope — A&W
- Dec 1** It's a Wonderful Breakfast Mission — A&W
- Dec 5** It's a Wonderful Breakfast Chilliwack — White Spot
- Dec 7** It's a Wonderful Breakfast Abbotsford — White Spot

For details go to [fvhcf.ca/events/](http://fvhcf.ca/events/)

We will once again be collecting toys & toiletries at the Wonderful Breakfast Events to give children and young adults in hospital over the holiday season some joy and brightness.

Scan to see our wish list:



## HOPE — FRASER CANYON HOSPITAL (FCH) A GIFT OF LOVE IMPROVES CARE

The medical equipment available at Fraser Canyon Hospital (FCH) has recently been improved thanks to a generous donation by Bud Gardner and his family in memory of Bud's late wife Elaine. Bud and his family's gift enabled Fraser Valley Health Care Foundation to purchase a much needed Site Right Ultrasound and a new bladder scanner for FCH.

Explains Dr. Aseem Grover, Site Medical Director, FCH: "The ultra-

sound is a great benefit to our community. Patients that may have had to go to Chilliwack General Hospital due to hard to find or collapsed veins can now get treatment right here in Hope, and with the new bladder scanner we now have reliable results as to fluid levels in patients who are unable to urinate due to blockage, injury, or another medical condition."

"This generous gift made the ultrasound and a greatly needed bladder

scanner a reality for FCH," said Liz Harris — Executive Director, Fraser Valley Health Care Foundation. "Hope continues to be a giving community that supports their local healthcare. The Gardner family is a testament to that."

**To donate to support ongoing equipment needs at FCH, you can use the reply form and postage paid envelope provided, visit the website at [fvhcf.ca/donate](http://fvhcf.ca/donate) or call 1-877-661-0314. All funds raised in Hope go to support healthcare in Hope.**



**Hope continues to be a giving community that supports their local healthcare.**

— **Liz Harris** Executive Director,  
Fraser Valley Health Care Foundation

## FRASER VALLEY EAST NEWS BECOME AN IMPACT PARTNER

Now in addition to our monthly donor program we're introducing our IMPACT PARTNERS program.

Our IMPACT PARTNERS are loyal supporters of Fraser Valley Health Care Foundation who have signed up to give an annual, automatic donation. Be they large or small donors, like our monthly donors, our IMPACT PARTNERS give a predetermined amount, on a predetermined day, each year.

This aids us with our cash flow planning, cuts down on administrative time and donation processing fees and it also reduces our postage costs because our IMPACT PARTNERS won't automatically receive our five mailings each year.

As an IMPACT PARTNER you can cancel or change your donation at any time online at [fvhcf.ca/impact](http://fvhcf.ca/impact) or by calling us at 604-851-4890. You can also use the same means

to opt in for receiving our newsletters and annual giving report by email or choose to continue receiving them through regular mail.

**To sign up to become one of our loyal IMPACT PARTNERS go to [fvhcf.ca/impact](http://fvhcf.ca/impact) or signup using the enclosed reply form and postage paid envelope.**

**Fraser Valley Health Care Foundation** raises funds for vital equipment and programs funded or endorsed by Fraser Health. We serve the communities of Abbotsford, Mission, Chilliwack, Hope, Agassiz, and Harrison Hot Springs.



## THANK YOU

for your support. If you would like to support Fraser Valley Health Care Foundation with an event please email us at [info@fvhcf.ca](mailto:info@fvhcf.ca)