



2020-21 ANNUAL REPORT

ABBOTSFORD REGIONAL HOSPITAL
CHILLIWACK GENERAL HOSPITAL
MISSION MEMORIAL HOSPITAL
FRASER CANYON HOSPITAL



YOUR COMMUNITY. YOUR HOSPITAL. YOUR FOUNDATION.

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Fraser Valley Health Care Foundation was established in April 2000 to build partnerships with individuals, local organizations and businesses to support local health care services within the Fraser Valley Regional Hospital District.

OUR MISSION

Fraser Valley Health Care Foundation works with the community to support the local hospital, facilities and programs run by Fraser Health in the East Fraser Valley.

OUR VISION

To improve the quality of health care for our local communities.

BOARD MEMBERS

The complete Board of Directors comprises the following:

Michael Adkins, Chair
Cristen Gleeson, Vice-Chair
Logan Song, Treasurer
Shelly Avram, Secretary
Gurmeen Banipal, Member
Lyndon Braun, Member
Doug Lester, Member
Khalid Mannan, Member
Bonnie McEwan, Auxiliary Rep
Tammy Rea, Member
Sean Reid, Member
Dave Sidhu, Member
Dr. George Vrabec, FH Rep
Ellen Youn-Nguyen, Member

THANK YOU TO OUR SUPPORTERS

The 2020/21 fiscal year has again been challenging for our individual donors, corporate donors, and service clubs that support us as the COVID-19 pandemic continues. Our dedicated health care professionals at each of the facilities we support worked through the first, the second, the third and now the fourth wave of the pandemic. They are fatigued but their spirits are uplifted by the notable achievements we've realized this year to improve health care in our communities and the generosity of our donors.

And challenges aside, we have been able to celebrate some great achievements this year thanks to the support of our individual donors, our corporate sponsors, our corporate donors and the service clubs, including our hospital auxiliaries. Each of whom we rely on to help us fund the most up-to-date equipment and technology necessary to bring the best health care possible to our communities.

It was a banner year for the four hospitals in our region. In June the expanded ED at Abbotsford Regional Hospital and Cancer Centre opened bringing better access to emergency care in the Abbotsford area as well as to the Fraser Valley East. Right now, we're more than halfway to our goal of raising \$1 million to purchase a brand new, state-of-the-art radiographic fluoroscopy unit that will modernize our scanning capability at Chilliwack General Hospital. We reached our goal of \$190,000 to bring four new gastroscopes and four new colonoscopes to Mission Memorial Hospital to greatly reduce wait times and we are now excited to be working with the Mission All Together for Healthcare (MATH) society to raise the \$1.133 million needed to complete the purchase of a CT scanner the Mission Memorial Hospital. Additionally, we continue to raise funds for essential equipment at Fraser Canyon Hospital in Hope.

In addition to the money raised this past year for the hospitals we were able to fund a new bus for the Heritage Village Long Term Care Facility. The bus will bring hours of joy and some measure of independence to the residents of Heritage Village.

We couldn't achieve what we have achieved without the support of each and every one of our donors. On behalf of the board, the foundation staff, our health care professionals and the people of the communities we serve, we thank you from the bottom of our hearts for all you have done to improve health care.



Elizabeth Harris,
Executive Director
Fraser Valley Health Care Foundation



Michael Adkins,
Board Chair
Fraser Valley Health Care Foundation

GOLF TOURNAMENT

Golfing 'FORE' Your Hospitals Tournament presented by RBC Wealth Management Dominion Securities Inc was an absolute success. This year's event saw Fraser Valley Health Care Foundation (FVHCF) raise over \$128,000 with the funds supporting the greatest needs at the hospitals in Fraser East.

"We had an absolute blast at the tournament again this year! We especially enjoyed the golf cannon and Quorum Group's BBQ samples. Actually, we can't think of any activity that wasn't fantastic!" commented Nancy MacMillan, a participant at this year's tournament. "It is always the MOST WELL RUN and the FUNNEST event of the year. Our team can't wait to participate in it again in 2022!"

The gorgeous sunny day included on hole food and beverage samples, chipping contests, and paper airplane competitions. Golfers could also participate in beat the pro, a hockey target and the popular Golf Ball Cannon! They also enjoyed the Abbotsford Canucks hole, which featured meatball sliders and a hockey shoot out game. Following the golf game was a delicious meal on the restaurant patio overlooking the beautiful river view.

"Due to the amazingly generous support from our sponsors, participants, volunteers, staff and planning committee, we were able to make this year our most successful tournament yet!" said Liz Harris, Executive Director FVHCF, "we cannot thank them all enough!"

RUN FOR HOPE

The crisp fall air saw over 70 people participate in Run for Hope on October 2, 2021. This year's attendance was almost triple that of past years.

"Another beautiful morning for a run," said avid runner and Fraser Valley Health Care Foundation Executive Director Liz Harris. "This year we are thrilled to have partnered with the Auxiliary to the Fraser Canyon Hospital to help grow the event. We are overjoyed at the response from across the Upper Fraser Valley and look forward to do this again next year."

Run for Hope raised approximately \$2,880. The funds will be supporting projects of both FVHCF and the Auxiliary.

The 5k walk-run fun and accessible route was mapped out and lead by Garrison Co. The trail and road route began at the hospital, followed the Coquihalla River, in to Thacker Park and doubled back to the starting point.





Top to bottom: New CT Scanner at CGH similar to the one for MMH. Ma & Pa supporting FCH's need for stretcher bed. Current Radiographic/Fluoroscopic Unit at CGH.



EQUIPMENT NEEDS

MISSION – CT Scanner

We are excited to be working with the Mission All Together for Healthcare (MATH) society in raising \$1.133 Million that will go towards the purchase of a CT scanner for the Mission Memorial Hospital.

CT Scanners are an essential diagnostic medical tool. They are critical for emergency care, inpatient hospital care and outpatient diagnosis. Mission Memorial Hospital is the only hospital in Fraser Health west of Hope without an on-site CT scanner. At present hours can be spent trying to access a scan for patients and precious diagnostic time is lost which can be critical.

HOPE – Bariatric Bed

On October 15, 2020, we received a generous \$12,000 donation from Ma and Pa's Memory Lane in Hope for the purchase of a new stretcher bed for the ED at Fraser Canyon Hospital.

We are currently in the process of raising \$24,000 to purchase a new bariatric bed for the hospital.

CHILLIWACK – Radiographic

Thanks to the generosity of our donors in the Chilliwack area we are very pleased to announce that we are now more than halfway to our goal to raise the \$1 million we need to purchase a new Radiographic/Fluoroscopic Unit for Chilliwack General Hospital.

The new and modern equipment is needed to replace an old unit that has outlived its life span and breaks down frequently. The new unit will also have improved image quality and technology that will enable us to perform modified barium swallows and other essential scans that we are unable to perform with the current unit.

ABBOTSFORD – ED

We're pleased to announce that you, your loved ones and our entire community now have better access to emergency services since the expanded emergency department at Abbotsford Regional Hospital and Cancer Centre officially opened this past June 8th.

The new space includes three new trauma bays, 11 new patient exam rooms, a dedicated mental health and substance-use zone, and a renovated triage area with one new patient exam room. Existing space that was freed up near the mental health and substance-use inpatient area has been used to accommodate the relocation of the psychiatric clinical decision unit which will improve mental wellness service times.

Now we are working on fully equipping our renovated ED by raising an additional \$1.2 million for necessary equipment. The ED expansion provided us with a new Paediatric unit as well and we are currently raising an additional \$60,000 to make it kid friendly.

HERITAGE VILLAGE BUS

It is big, it is new and it is shiny but more importantly it was greatly needed! Thanks to the Fraser Valley Health Care Foundation (FVHCF), Heritage Village recently was the recipient of a new bus for the residents.

“It’s absolutely beautiful and the excitement over the newer technology (like a back up camera) is amazing!” Exclaimed Kendal Korda – Manager of Clinical Operations for Heritage Village. “After one of the most difficult years in our history, the residents are very excited to be able to go on outings once again!”

Due to the most current pandemic restrictions, Heritage Village is limited to small group outings right now but will be able to use the bus to its full capacity of five wheelchairs and eight seats, which can be converted to six wheelchairs and six regular seats when the need arises.

“We understand that the joy a bus can provide to residents is indescribable,” explained Liz Harris – Executive Director FVHCF. “We are grateful to our donors and partners that provide the funds necessary so we can increase the quality of life for all patients and residents in our region.”

“Heritage Village would like to send a great big THANK YOU to the Fraser Valley Health Care Foundation and everyone that was part of the process that made it possible for us to receive the new bus, we deeply thank you!” Expressed Korda.

FRASERWAY RV

We are excited to announce that thanks to a large commitment from a local partner we’re closer than ever to our fundraising goals.

“We have a long-term partnership with Fraserway RV and it is wonderful to expand it beyond Abbotsford,” shared FVHCF Executive Director, Liz Harris. “We are so happy with their continued commitment to health care in the Fraser Valley.”

Fraserway RV committed \$190,000 to support all 4 hospital projects currently being carried out by the FVHCF. “We have staff and customers far and wide in the Fraser Valley,” said Ruth Goodall, Executive Assistant to the President of Fraserway RV. “This is where we work and play. It is a great pleasure to expand our partnership with the Fraser Valley Health Care Foundation.”

FVHCF is currently supporting the ER expansion at Abbotsford Regional Hospital, Primary Care expansion at Chilliwack General Hospital, Laboratory renovations at Mission Memorial Hospital, and a new patient lift for Fraser Canyon Hospital.

UPDATE – as of Oct 2021 Fraser Way RV has committed a further \$200,000 to health care in the eastern Fraser Valley.

SMILE COOKIE WEEK

For one week, from September 14–20, 2020, Tim Hortons restaurants in Chilliwack and Hope donated the full \$1 from every freshly baked chocolate chunk Smile Cookie purchased to support Fraser Valley Health Care Foundation, with these funds directly supporting Chilliwack General and Fraser Canyon Hospitals. In 2020 the communities of Chilliwack and Hope bought 17,344 1cookies! Tim Hortons restaurants in Chilliwack and Hope have committed to supporting health care in their communities again 2021.



Top to right:
Happy Heritage Village Team with new bus. Fraserway RV presents support for all 4 hospitals. Damian B. happily supporting CGH.





ECOTEX HEALTH CARE LINEN SERVICE

Our success raising funds for the Eastern Fraser Valley is reliant on many different partnerships ranging from individual donors and service clubs to our corporate partners. Each and every one is important to help us meet our mission and achieve our goals.

Ecotex Healthcare Linen Service is one of our corporate sponsors that helps us support the local hospital, facilities and programs run by Fraser Health. Brian Barstch and his team at Ecotex first came on board as a sponsor for Step-Up when they placed a team in the event. They enjoyed the event so much they joined with us, hands on, and helped us plan and grow the event for three years now and counting!

As their commitment to Step-up grew so did their desire to help more; they now help sponsor and participate in our Golf Tournaments and Gala. We would like to take the opportunity to thank the team at Ecotex for their help in supporting healthcare in the Eastern Fraser Valley. We are grateful to them as we are grateful to all our partners.



Top to bottom:
 EcoTex showing support at Golf and Step-up.
 Canadian Tire Chilliwack happy to support the new Radiographic/Fluoroscopic Unit.
 Crystal Gala "Gala Girls" continue to support Breast Health.

CANADIAN TIRE – CGH SUPPORT

The Fraser Valley Health Care Foundation accepted a large gift from Canadian Tire in support of the campaign to purchase a new Radiographic Fluoroscopic unit for the Medical Imaging Department at Chilliwack General Hospital.

“The cornerstone of any great city is its hospital,” said Marcel Nadeau owner of the Canadian Tire Chilliwack. “We want to show our appreciation for what our hospital and especially its caring people do for our community.”

“A gift like this helps make a real difference to care for patients not only in Chilliwack but for also those in our surrounding area,” says Liz Harris, executive director of the Fraser Valley Health Care Foundation. “I can’t thank Stella and Marcel enough for their support.”



CRYSTAL GALA FOUNDATION

The tireless work of the Crystal Gala Girls continues to support breast health in the Fraser Valley even with events postponed. The Crystal Gala Foundation recently made a gift to purchase the Breast Health clinic a new Shear Wave Elastography.

“The Shear Wave Elastography is an ultrasound system that offers technicians an advanced level of diagnostic information; this new ultrasound system uses a focused burst of acoustic energy to generate Shear Waves to produce quantitative measurements and a 2-D color coded elastogram,” explains Bernice Oxley, Operations Director – Lower Mainland Medial Imaging.

“Breast ultrasound demands have increase substantially. We have seen an 80% increase in exams performed over an 8-year period,” shared Oxley. Pre-COVID, patients were being referred to surrounding communities for these scans but new pandemic guidelines have made it even more difficult for us to perform breast ultrasound scans in a timely manner. “An additional ultrasound machine will help us perform breast ultrasound scans more efficiently, right here in Abbotsford.” said Oxley.



“The Crystal Gala Foundation is made up of a dynamic group of women from all walks of life,” says Gerri Charles, co-founder of the Crystal Gala Foundation. “All of us continue to work selflessly with donors and sponsors to provide new equipment to the Breast Health Unit, regardless of what is thrown at us.”

The Crystal Gala Foundation, along with their partners, have raised over \$2,000,000 dollars to fund equipment, technology, and research projects that support early detection and treatment of breast cancer. The 2020 Crystal Gala was postponed due to the pandemic but they are planning to host their next gala in October 2022.

Currently they are raising funds through a tile mural project. “You can purchase a tile on behalf of your family, business or dedicate it to a loved one that has battled with breast cancer,” explained Charles. “This wall is so much more than tiles with names on them; it’s our wall of hope.” Tiles are \$1,000 with 100% of the proceeds going directly to the cause, Email crystalgala@shaw.ca or visit www.crystalgala.ca for details.

“Having such dedicated partners is essential in bringing new technology and equipment to our hospitals,” said Liz Harris – Executive Director of the Fraser Valley Health Care Foundation. “We are forever grateful to the Crystal Gala for their years of hard work.”



PARTNERS

Abbotsford Regional Hospital Auxiliary Celebrates 100 Years

In celebration of 100 years raising funds for Abbotsford Hospital, Maggie & Jie, members of the Auxiliary to Abbotsford Regional Hospital, presented FVHCF with a cheque for \$66,000. The Auxiliary has allocated \$53,000 to the ED expansion, \$10,000 is destined for programming at Cottage-Worthington and the remaining \$3,000 will be put towards greatly needed equipment.

Did you know that Abbotsford’s first hospital was located in a house owned by Dr. Thomas Swift? With no running water it was primitive to say the least and Dr. Swift pressured the local council to fund a “real” hospital. On April 18, 1922, Cottage Hospital with 14 beds opened. A year earlier the Auxiliary was born with a mission to raise funds to support the new hospital and enhance health care and patient comfort in the community.

Mission Health Care Auxiliary Still Going Strong

The Mission Health Care Auxiliary celebrated their 100th birthday in April 2020 and they’re still going strong providing financial and volunteer support for Mission Memorial Hospital. Says Society President Joanne Bydal, “Mission hospital has changed locations and grown to better meet the needs of the community over the years, but one thing has remained the same – the steadfast dedication of our more than 100 loyal and hardworking volunteers.”

UPCOMING EVENTS



2022

For more information on these events, please visit fvhcf.ca

1 877 661 0314
info@fvhcf.ca

Mailing address
32900 Marshall Rd
Abbotsford, BC
V2S 0C2

Follow us on social media!



FEBRUARY

Step Up 4 Cardiac Health	13th
Fraser Valley Grand Gala	25th

APRIL

Game of Throws	23rd
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MAY

Run for Mom	8th
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JUNE

Health Care Heroes	
Softball Tournament	11th & 12th

SEPTEMBER

Golfing 'FORE' Your Hospitals	8th
Glow Golf	23rd
Health Talks 101	24th

OCTOBER

Run for Hope	1st
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NOVEMBER & DECEMBER

Trees of Caring	Various
It's a Wonderful Breakfast	Various



THANK YOU FOR YOUR SUPPORT IN 2020-21!



Abbotsford Regional Hospital ♥ Mission Memorial Hospital ♥ Chilliwack General Hospital ♥ Fraser Canyon Hospital



MAIL 32900 Marshall Rd, Abbotsford, BC V2S 0C2
TEL 604.851.4890 / 1.877.661.0314 **FAX** 604.851.4898
EMAIL info@fvhcf.ca **WEB** fvhcf.ca